

Teagan's

STEAK & SEAFOOD

*Restaurant and Full Service Catering*

*Serving the  
Capital Region since  
1994*

Voted the best kept secret  
in the Capital Region

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# Beginnings

## TRADITIONAL SHRIMP COCKTAIL

Five jumbo shrimp, served with fresh horseradish cocktail sauce 8.99

## FRENCH ONION SOUP AU GRATIN

Blend of onions simmered in a rich beef stock with essence of sherry wine, topped with imported Swiss and smoked provolone cheese 4.99

## SOUP OF THE DAY

Prepared daily and inspired from fresh seasonal ingredients 3.99

## CAESAR SALAD

The perfect starter.  
Tender romaine hearts with creamy Tuscan dressing, garlic croutons and shaved Parmesan cheese 3.99

## PROSCIUTTO WRAPPED SCALLOPS

Fresh Atlantic sea scallops wrapped with imported prosciutto.  
Finished with a tomato demi 8.99

## BOSTONIAN SHRIMP

Shrimp stuffed with fresh horseradish, wrapped with bacon and blanketed with Dijon cream 8.99

## EGGPLANT ROULADE

Parmesan battered eggplant stuffed with prosciutto and cheese topped with pesto garlic wine sauce 8.99

## DONNIE HART HOUSE SALAD

Mixed greens with raspberry vinaigrette and crumble bleu cheese 3.99

## TEAGANS ORIGINAL STUFFED PORTABELLA

Large portabella mushroom stuffed with fresh tomato, diced portabella, shallots, baby spinach, and roasted red peppers with a garlic white wine sauce. Topped with imported mozzarella cheese 8.99

*Also available seafood stuffed 12.99*

# Pasta

Served with a dinner salad, roll, cheese pate and crackers

## OCEANA ANGEL HAIR

Shrimp and scallops simmered in a chunky marinara sauce, spicy fra diavolo sauce, or scampi sauce. Served over angel hair pasta 18.99

## PENNE ALA VODKA

Penne pasta tossed in a tomato vodka cream sauce and grilled chicken 16.99

## SEAFOOD PENNE

Fresh sea scallops and large shrimp sautéed in your choice sauce.  
Creamy alfredo or pink vodka sauce 18.99

## ANGEL HAIR LUCIA

Sautéed chicken and jumbo shrimp simmered in your choice of a marinara or picatta sauce served over angel hair pasta 17.99

# Teagan's Steak House Favorites

We exclusively use select cuts of USDA Prime & Choice Beef.  
All of our steak house entrees are served with garden salad, fresh baked rolls,  
potato and seasonal vegetable

## STEAK & SEAFOOD COMBO

your choice of

12oz. USDA Prime Strip Steak 28.99 Flat Iron Steak 25.99

Served with your choice of:

Stuffed Shrimp, Shrimp Scampi or Panko Parmesan Scallops

## PRIME RIB

Available Friday and Saturday.

16oz. King Cut 22.99 12oz. 17.99

## PEPPERCORN STEAK AU POIRVE

Pan seared peppercorn encrusted strip steak with a brandy demi-cream 22.99

## STEAK DIANE BRANDY

USDA Prime NY Strip steak pan seared and finished with a tarragon mushroom  
demi glace with a touch of cream 22.99

## SIGNATURE N.Y. STRIP SIRLOIN

Hand cut, 12oz & charbroiled to perfection 18.99

**Steak Enhancements 2.99 each**

*Smothered Mushroom & Onion, Crumbled Bleu,  
Horseradish Mushroom Demi Glace, Roasted Garlic Portabella*

## PETIT FILET MIGNON MEDALLIONS

Grilled to perfection 19.99

*Au Poivre Style 21.99*

## GRILLED SLICED FLAT IRON STEAK

Choose from the following:

Sautéed garlic sauce with fresh tomato 17.99

Teriyaki Style with our homemade sauce 17.99 Blackened Cajun Bleu 17.99

## STEAK HOUSE SIGNATURE SIDES

Garlic Spinach 2.95

Sautéed Mushroom & Onions 2.95

3ea Grilled Shrimp 5.95 Horseradish sauce 2.95

## Seafood Entrees

From the day boats of the North Atlantic to your plate.  
All entrees are served with garden salad, fresh baked rolls,  
potato and seasonal vegetable

### PANKO PARMESAN SEA SCALLOPS

Japanese bread crumb and parmesan cheese, finished with a butter garlic sauce 18.99

### BAKED STUFFED HADDOCK

Teagan's homemade Maryland crab stuffing baked with butter and white wine 18.99

### BAKED STUFFED SHRIMP

Teagan's Maryland crab stuffed shrimp with sherry wine cream sauce 18.99

### BROILED SEAFOOD PLATTER

Shrimp, sea scallops and haddock broiled in a butter white wine 21.95

## Entree Classics

### VEAL PARMESAN

Breaded veal cutlet sautéed and topped with  
cheese and tomato sauce 17.99

### VEAL ANTHONY MARSALA

Breaded veal cutlet sautéed in a rich Marsala  
wine sauce with mushrooms 17.99

### VEAL TUSCANY

Breaded veal cutlet sautéed with prosciutto  
ham, baby spinach, and mushrooms.  
Finished with a provolone,  
Romano cream sauce 18.99

### VEGETARIAN STUFFED EGGPLANT

With sautéed baby spinach, roasted red  
peppers, and portabella mushroom.  
Topped with mozzarella and pesto 16.99

### CHICKEN MARSALA

Sautéed chicken breast in rich marsala wine  
sauce and fresh mushrooms 16.99

### CHICKEN TERIYAKI

Breast of chicken marinated in our own  
teriyaki sauce and char-grilled 15.99

### CHICKEN PARMESAN

Tender chicken cutlet lightly breaded,  
sautéed and topped with cheese and  
tomato sauce 15.99

### CHICKEN TUSCANY

Pan seared chicken breast with prosciutto  
ham, spinach and mushrooms  
finished with provolone 17.99

*Can't decide, have something else on your mind?  
Tell us what your thinking, if we have it available.... we're happy to make it.*

*Please let us know if you have any food allergies.  
More vegetarian and gluten free items available on request*

# Teagan's Bistro



## Certified Angus Burgers

All of our Burgers are half pound Certified Angus Ground Beef  
only 8% of all angus beef meets the CAB brand.

### BIG BLUE BURGER

Blue cheese crumbles, bacon, onions, lettuce, tomatoes 9.99

### BIG BERTHA

Bacon, lettuce, tomato, smothered with onions and choice of cheese 9.99

### MUSHROOM SWISS BURGER

Smothered with onions, mushrooms, topped with a horseradish crème sauce. 9.99

### COWBOY SALSA BURGER

Sautéed onions, peppers, tomatoes, lettuce, cheddar cheese, chipotle ranch 9.99

### AL'S BIG BEEF

Roasted sirloin, warmed in Au jus, served on a toasted artisan roll,  
with side of tiger sauce. Choice of side 9.99

### AMERICAN CHEF SALAD

Turkey, American cheese, Swiss cheese, julienne ham with garden greens, crouton.  
Choice of dressing 10.95

### ANTIPASTO

Italian meats, mozzarella, provolone, Parmesan cheese, roasted red peppers, olives,  
cherry tomato, peppers, garden greens, croutons, and choice of dressing 10.95

### TRADITIONAL CAESAR

Marinated grilled chicken or shrimp, on our Caesar salad, anchovies on request 10.95

### CHICKEN QUESADILLA

Seasoned chicken, onions, cheese. Served with sour cream and salsa 9.99

### DAILY STEAK SANDWICH

We start with a half pound flat iron steak. Served with our steak house sides 14.99  
*Choose From: Philly Style, Garlic Mushroom, or Natural Grilled*

### FRIED CALAMARI

Served with fra diavalo, cocktail sauce or teriyaki glaze 10.99

### GOURMET WING 8.99

Garlic Parmigiana, Jamaican Jerk, Brazilian Hot BBQ, Hot Garlic Parmigiana,  
Mexican Salsa(Hot), Asian Teriyaki(Hot), Honey BBQ.  
Served with homemade blue cheese dressing.





## Teagan's Catering

### CORPORATE OR PERSONAL CATERING FOR ALL OCCASIONS BIG AND SMALL

Holiday Parties, Weddings, Bar & Bat Mitzvahs, Anniversaries, Graduations, Birthdays,  
Sweet Sixteen Birthdays, Corporate Events

Catering On and Off Premises

·Meat Platters ·Party Subs ·Wing & Chicken Tender Platters ·Antipasti Platters ·  
Vegetable Platters ·Shrimp Platters ·and more

For a switch.... Inquire about our Barbeques

A Nice Selection of Hot & Cold Hors D'oeuvres  
Continental Breakfast or Brunch

We customize our menus to your budget and taste.